

Behavior skills training competency checklist

One skill per sheet: the four BST steps, rehearsal rounds, a blank criterion and a next step.

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Skill name

Date started

Skill definition (observable steps or task analysis reference)

Set before training starts

Rehearsal trials per round

Accuracy criterion (set by clinic)

Instruction and modeling

[] Instruction delivered — date / material used

[] Modeling shown (live or recorded) — date / who played the learner

Rehearsal and feedback rounds

One row per round. Rehearse again on a new set of trials until the criterion is met.

Date	Trials done	Result vs criterion	Met (Y/N)	Feedback given (keep / change)
1				
2				
3				
4				
5				

Decision and next step

Observer

Date

Next step (repeat rehearsal / observe live session / follow-up check date)

Use one sheet per skill. Write the criterion before the first training session. Use role-played learners in training and keep client details off this sheet.