

ABA data sheet pack: ABC, frequency and interval

Three original sheets. Write one behaviour definition and use the same method every session.

therapycrm.io

Client reference Date Observer Setting or activity

Behaviour definition (observable, agreed with the supervising clinician)

Sheet 1: ABC data

Time	Antecedent (just before)	Behaviour (seen or heard)	Consequence (just after)	Notes

Sheet 2: Frequency count

Observation start Observation end Minutes observed Total count Rate per hour

Session	Tally marks	Count	Minutes	Rate per hour

Rate per hour = count ÷ minutes observed × 60. Compare counts only when the observation periods are the same length.

Sheet 3: Interval recording

Method (partial, whole or momentary)

Interval length

Number of intervals

Intervals scored

Block	1	2	3	4	5	6	7	8	9	10
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										

Intervals scored

Total intervals

Percent of intervals

Mark X when the behaviour is scored in an interval and 0 when it is not. Partial interval: scored if the behaviour occurs at any point. Whole interval: scored only if it fills the interval. Momentary: scored only at the end of the interval. Use the same method every time.